**Have you always wanted to be certified as
an Austin Vocal Psychotherapist, but couldn't attend
the weekly training sessions in New York City?**

Austin Vocal Psychotherapy
U.S. Based Distance Training Program

Deadline Extension: May 31, 2022

We are delighted to announce the first
U.S. Based Distance Training Program in
Austin Vocal Psychotherapy, due to begin
October 3-8, 2022 in New York City!

This is a two year (October 2022 - August 2024)
advanced training program for
Post-Masters music therapists.
A certificate in Austin Vocal Psychotherapy will be
awarded upon completion of the training,
along with 184 CBMT credits.

The course consists of two 5-day experiential intensive workshops each year in New York City, plus monthly online seminars and supervision.

Austin Vocal Psychotherapy is the first voice-based model of music psychotherapy. Developed by Dr. Diane Austin, her clinical practice and research led to the conclusion that singing is one of the most effective ways to work toward physical and emotional well-being and to build a connection to one's innermost self and to others.

Austin Vocal Psychotherapy is the use of the breath, natural sounds, vocal improvisation, songs and dialogue within a client and therapist relationship to facilitate intrapsychic and interpersonal change and growth. It combines the ideas and theories of depth psychology and trauma work with the practice of vocal music therapy. It can also be adapted to patients with a variety of needs. Warmups to connect to the playful, spontaneous self will be taught, along with more advanced methods, including Vocal Holding and Free Associative Singing.

For further information about this course and how you can apply, please contact
austinvocalpsychotherapy@gmail.com